

# LMES—LUNCH

# SEPTEMBER

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Important Information:
<p>Cafeteria Manager: Keysa Bice Contact: 706-857-6130</p> <p>School Nutrition Director: Brandie Wooten Contact: <a href="mailto:bwooten@chattooga.k12.ga.us">bwooten@chattooga.k12.ga.us</a> or 706-859-3054</p> <p>Menu subject to change without notice.</p> <p>This institution is an equal opportunity provider.</p>				<p><b>2023-2024 Student Meal Prices:</b></p> <p>Elementary Students</p> <p>Full-Price Lunch: <b>\$2.00</b> Reduced-Price Lunch: <b>\$0.40</b></p> <p><b>*Students will be charged at the Full-Price rate until a meal application is received and approved.</b></p> <p><b>Payments can be made in cash, check, or online at:</b> <a href="https://lingconnect.com">Lingconnect.com</a></p>
<p>BBQ Sandwich Broccoli, Cauliflower, &amp; Carrots w/ Ranch Baked Beans Assorted Fruit Choice of Milk</p>	<p>Philly Cheese Steak Sandwich w/ A1 Roasted Corn &amp; Black Beans Chips Assorted Fruit Choice of Milk</p>	<p>Pizza Side Salad w/ Dressing Green Beans Assorted Fruit Choice of Milk</p>	<p>Bacon Cheeseburger Potato Smiles Coleslaw Assorted Fruit Choice of Milk</p>	
<p><b>GRANDPARENT'S DAY!</b> Homestyle Tacos w/ Flour Tortilla, Shredded Cheese, Taco Sauce</p> <p>Lettuce/Tomato Refried Beans Corn Assorted Fruit &amp; Choice of Milk</p>	<p><b>GRANDPARENT'S DAY!</b> Spaghetti w/ Garlic Bread</p> <p>Side Salad w/ Dressing Green Beans Fruit Choice of Milk</p>	<p>Chicken Sandwich</p> <p>Side Salad w/ Dressing Sweet Potato Tots Sherbet/Slushie Assorted Fruit &amp; Choice of Milk</p>	<p>Sweet &amp; Sour Chicken w/ Fried Rice Roasted Vegetables Egg Roll Fortune Cookie Assorted Fruit &amp; Choice of Milk</p>	<p><b>*Serving size for each menu item:</b></p> <p><b>Vegetables—3/4 cup minimum</b></p> <p><b>Fruit—3/4 cup minimum</b></p> <p><b>Milk—1 cup</b></p> <p><b>Meat/Meat Alt.—1 oz minimum</b></p> <p><b>Grains—1 oz minimum</b></p>
<p>Pizza Green Beans Salad w/ Dressing Assorted Fruit Choice of Milk</p>	<p>Country Fried Steak &amp; Gravy Pinto Beans Cornbread Assorted Fruit Choice of Milk</p>	<p>Hotdog Chips Baked Beans Okra Assorted Fruit &amp; Choice of Milk</p>	<p>Chicken Alfredo w/ Garlic Bread Side Salad w/ Dressing Corn Assorted Fruit Choice of Milk</p>	
<p>Meatball Marinara Sub Broccoli w/ Cheese Chips Assorted Fruit Choice of Milk</p>	<p>Chili/Cheese Nachos Sweet Potatoes Sherbet/Slushie Assorted Fruit Choice of Milk</p>	<p>Parmesan Chicken &amp; Spaghetti Garlic Toast Baby Carrots w/ Ranch Assorted Fruit Choice of Milk</p>	<p>Pizza Corn Salad w/ Dressing Assorted Fruit Choice of Milk</p>	